

# ALGONAC HIGH SCHOOL

## MHSAA-DIVISION 27-3

### Track And Field Regional

**LOCATION:** Algonac High School  
5200 Taft Road  
Algonac MI 48001

**DATE:** Thursday, May 15, 2025

**OFFICIALS:** Referees / Boys' Starter: Jim Cleverely  
Boys' Starter: Ron Buchanan  
Girls' Starter: Dan Shafer  
Girls' Starter: Beth Rinehold  
Boys' Clerk: Mike Taylor  
Girls' Clerk: Mark Brochu  
Field Event Referee: James Bade  
Timer- Bob Burquist- Eastside timing

**ADMISSION:** Will be handled by MHSAA through their GOFAN Website

**CONCESSION:** An assortment of food and drink will be available throughout the evening.

- **TRACK COMPLEX WILL BE AVAILABLE FOR USE STARTING AT 11:30 AM.**
- **NO TAPE** may be used on the track or runways. Chalk will be provided – tongue depressors or other such markers may also be used.
- No spikes longer than ¼ inch will be allowed.
- State regional t-shirts and other apparel will be on sale throughout the meet.
- **BUS PARKING** – Our high school dismisses at 2:20 p.m. We suggest you arrive before 2:20 p.m. or after 2:35 p.m. to avoid the congestion. A staff member will direct your bus to an appropriate parking location.
- **START TIMES:** See the attached time schedule.

**NOTE:** Preliminaries will be run in the 100m dash, the 100m and 110m high hurdles and the 200m dash. Using a FAT system, the top eight runners according to time will advance to the finals. There will be no semifinals.

**RULES:** The track and field rules as they appear in the 2025 Track and Field Rule Book of the The National Federation will be followed.

**COACHES PACKET:** Upon arrival, all coaches should pick up their packets at the admission booth. Packets will contain additional meet information and scratch forms.

# ALGONAC – REGIONAL

11:30 AM	COMPLEX OPENS FOR PARTICIPATING TEAMS.
1:00-3:30PM	IMPLEMENTS MAY BE WEIGHED AT THE INFIELD TENT
2:00 PM	MENS' POLE VAULT WARM UPS*****
2:30 PM	MENS' POLE VAULT BEGINS- NO RUN THROUGH/MEASURING AFTER THIS TIME
3:00 PM	SCRATCH FORMS DUE FOR FIRST SESSION
3:30 PM	COACHES' MEETING AT TRACK FINISH LINE
	<b><u>SESSION ONE</u></b>
3:50 PM	3200 METER RELAY FINAL
4:00 PM	<u>FIELD EVENTS BEGIN</u> MEN: HIGH JUMP, LONG JUMP(4:00-5:30 PM) AND DISCUS WOMEN: HIGH JUMP AND SHOT PUT
4:15 PM	<u>PRELIMINARIES</u> 100m DASH, 100/110m HIGH HURDLES, 200m DASH
5:30 PM	ESTIMATED FINALS TIME FOR SHOT PUT, DISCUS, LONG JUMP
6:00 PM	<u>FIELD EVENTS FOR EVENING SESSION TWO BEGIN</u> MEN: SHOT WOMEN: DISCUS AND LONG JUMP (90 Minute open pit)

\*\*\*\*\*Women's Pole Vault will begin thirty minutes after the men are completed, but no earlier than 4 p.m.\*

We reserve the right to move ahead with field events if the first session completes faster than timeline

**NATIONAL ANTHEM WILL TAKE PLACE 60 MINUTES AFTER THE CONCLUSION OF THE LAST HEAT OF THE 200m PRELIMINARIES. RUNNING EVENTS WILL THEN BEGIN.**

## **SESSION TWO**

110/100 METER HIGH HURDLES  
100 METER DASH  
800 METER RELAY  
1600 METER RUN  
400 METER RELAY  
400 METER DASH  
300 METER HURDLES  
800 METER RUN  
200 METER DASH  
3200 METER RUN  
1600 METER RELAY

## PRESENTATION OF MEDALS, TROPHIES, TEAM STANDINGS AND FINAL RESULTS

- SCORING:** Scoring and medals to eight places
- |          |          |  |
|----------|----------|--|
| 1st – 10 | 5 th - 4 |  |
| 2nd - 8  | 6 th – 3 | Medals to all eight places-there is only a |
| 3 rd - 6 | 7 th – 2 | championship trophy awarded, no runner-up  |
| 4 th – 5 | 8 th – 1 | trophy is given by the MHSAA.              |
- WARMUP:** Will be allowed on the track before the start of the preliminaries and during the break. **Once races begin, no athletes or coaches should be on the in field unless competing in or coaching an athlete in the high jump.**
- START HEIGHTS:** Heights and raises for high jump and pole vault are available at the MHSAA website under regional information for coaches.
- SHOT/DISCUS:** One concrete pad will be used for each event. Contestants will be placed in flights. Three throws in prelims (2/1) plus three additional throws (2/1) for the NINE finalists. Tosses in prelims carry over to finals. Finals will be 15 minutes after prelims conclude.
- LONG JUMP:** 90 minute Mens open order jumping-men first, followed by women. Three jumps for prelims and three additional jumps for NINE finalists. Finalists are announced and finalists will have thirty minutes to complete jumps.
- FINAL TIMING:** Final placement in all races will be based on time when not in the same heat. Fastest times determine place scoring.

### ADVANCING ATHLETES FROM QUALIFYING ROUND TO FINALS –

- Heat winners from each heat plus the fastest times fill all remaining available lanes.
- 2 Heats – 2 heat winners, 6 fastest times to fill available lanes
- 3 Heats – 3 heat winners, 5 fastest times to fill lanes
- 4 Heats – 4 heat winners, 4 fastest times to fill lanes

- TENTS:** May be set up in any area outside the four foot fence circling the track. No loud music is allowed near the track or bleachers.

- ENTRIES:** All entries for regionals are done through athletic.net. Additional regional information is available at the MHSAA website (mhsaa.com).  
**ENTRIES ARE DUE BY 8 PM TUESDAY, MAY 13, 2025.**  
**Names will not be added after this point. You may enter three and scratch one up until 3:30pm. If athlete not scratched- your lowest seed will be removed.**

### **COACHES:**

Once the meet begins, coaches are not allowed on the infield unless in coaching boxes. Questions or problems should be addressed to the meet referee who will be introduced at the coaches' meeting. Spectators are not allowed on the infield. Athletes not competing in the high jump will be asked to leave.

### **QUESTIONS?**

Contact A. D. Mitch Landrum: 810-794-4911 or Algonac Head Coach Jack Treppa  
[mitchell.landrum@acsk12.us](mailto:mitchell.landrum@acsk12.us) jack.treppa@acsk12.us

Our coaching staff welcomes you to Algonac and hopes your regional experience is a positive one.

# **Track and Field Regional 27**

## **Competing Teams**

**Algonac**

**Almont**

**Clawson**

**Clinton Township Clintondale**

**Detroit Central**

**Detroit Edison**

**Detroit Osborn**

**Detroit University Prep Science & Math**

**Grosse Pointe Woods University Liggett**

**Madison Heights Bishop Foley**

**Marine City**

**New Haven**

**Rochester Hills Lutheran Northwest**

**Warren Michigan Collegiate**