# MHSAA Division 3 Track and Field Regional No. 29

# Vassar High School Friday, May 16, 2025 at 3 p.m.

Welcome! Your school has been assigned to Track and Field Regional No. 29 hosted by Vassar High School. The meet will be held on Friday, May 16, 2025 starting at 3 p.m.

#### **16 COMPETING SCHOOLS**

Bad Axe, Burton Bentley, Caro, Carrollton, Cass City, Elkton-Pigeon-Bay Port Laker, Flint New Standard Academy, Millington, Montrose, Mt Morris, New Lothrop, Otisville LakeVille Memorial, Reese, Saginaw Valley Lutheran, Sandusky, Vassar

#### **ENTRIES:**

- 1. FAT entries, please do NOT adjust times.
- 2. Hand timed entries should be rounded up and entered (i.e. 12.83 = 12.9). The coach does not need to add the 0.24 conversion factor, as athletic.net will add the 0.24 for the coach.

Athletic.net Track and Field Regional computer entry due date is also Tuesday, May 13th at 11:59 p.m.

#### **SEEDING:**

Seeds will be available on athletic.net on Wednesday, May 14.

#### **Coaches Meeting:**

2:30 p.m. at the shed on the east end of the field.

### **TEAM BUS PARKING:**

Team buses can park at our maintenance building located across from the High School or near our baseball field. Please see the included map.

#### **ADMISSION:**

All tickets will be digital, sold via GoFan and cost \$7. A mobile device is required. Links for GoFan will be on each site hosts GoFan account found at www.GoFan.co or directly at https://gofan.co/app/school/MI3737

## **LOCKER ROOMS WILL NOT BE PROVIDED**

#### TRACK MARKINGS:

Chalk may be used and will be provided. Please do not use any tape on the track!

**IMPLEMENT WEIGH IN:** This will be on-site between the shot and disc areas starting at 2:00pm.

## **INFIELD/WARM-UP AREA:**

No spectators are permitted on the infield at any time. Athletes may only be on the infield prior to their event for warm-up purposes. All athletes must enter the track at the west end gate near clerking, all others will be locked.

## **TENTS/CANOPIES:**

Set up of tents and canopies are permitted as long as they set up outside the competition area and are not on the infield.

## **SCRATCHES:**

The scratch window will open via Athletic.net on Wednesday, May 14 and will remain open until 2pm Friday, May 16. Additionally, Scratches for Session 1 will be accepted from 2 p.m. to 3 p.m. and Session 2 from approximately 5 p.m. to 6 p.m.

## **APPEALS:**

The appeal process is intended to reverse the ruling or correct an error. In order to file an appeal, a coach must fill out the appeal form that will be included in the race day packet and give the appeal form to the meet monitor or meet manager.

The following situations are subject to appeal:

- 1. Misapplication of a rule
- 2. Clerical errors in placing (30 minute time limit)
- 3. Team scoring error (48 hour time limit)
- Misapplication or failure to follow a procedure in the terms and conditions of competition announced in advance.

The following situations ARE NOT subject to appeal:

- 1. Judgment
- 2. Decision by finish judges/timers that does not involve misapplication of a rule

All appeals will be reviewed by the Jury of Appeals (one boys coach, one girls coach, meet monitor, and meet manager) and a decision will be made. The Jury of Appeals shall have the final authority over all appealed matters.

## SPIKE SIZE:

All spikes must be 1/8 inch exposed or less.

#### **RESULTS:**

Results will be posted live as scored on athletic.net. The MHSAA will have results available online at mhsaa.com.

2:30 Coaches Meeting

3:00 Field Events: Pole Vault: Two Pits, High Jumps: Two Pits, Shot Put: Girls First, Discus:

Boys First, Long Jump: Two Runways

4:00 Welcome/National Anthem

4x800m Relay

100m Dash Qualifying Round

100m Hurdles Qualifying Round

110m Hurdles Qualifying Round

200m Dash Qualifying Round

\*\*\*\*\*\*\*ONE HOUR BREAK\*\*\*\*\*\* Field Events will continue during break

**Approximately 6:00** 

 100m Hurdles
 300m Hurdles

 110m Hurdles
 800m Run

 100m Dash
 200m Dash

 4x200m Relay
 3200m Run

 1600m Run
 4x400m Relay

4x100m Relay Awards Presentation

400m Dash

#### **MEET OFFICIALS:**

Starters:

Shane Yoder Dale Grifka

Referee:

Dan Johnson

There will be a concession area open at the track.

QUESTIONS:

William Germain - Phone: (989) 823-7505 Email: germianw@vassar.k12.mi.us

# MHSAA LP Region 29-3 at Vassar Meet Schedule 2025

2:30 Coaches Meeting

3:00 Field Events:

Pole Vault: Two Pits

High Jumps: Two Pits

Shot Put: Girls First

Discus: Boys First

Long Jump: Two Runways

4:00 4x800m Relay

100m Dash Qualifying Round

100m Hurdles Qualifying Round

110m Hurdles Qualifying Round

200m Dash Qualifying Round

\*\*\*\*\*\*\*ONE HOUR BREAK\*\*\*\*\*\* Field Events will continue during break

Approximately 6:00

Welcome/National Anthem

100m Hurdles

110m Hurdles

100m Dash

4x200m Relay

1600m Run

4x100m Relay

400m Dash

300m Hurdles

800m Run

200m Dash

3200m Run

4x400m Relay

**Awards Presentation** 

The best Entrance is along Athletic St. at the Orange "O"

Please park bus at our Maintenance Building or Townsend North Elementary marked with X's

