

Welcome to the **Division 4 Region 31** Track Meet at Pellston Public Schools. Enclosed you will find additional regional information. Any questions or concerns, please contact me: Nicholas Mesnard 231-539-8801 Ext 10029

Entries: Please make sure you enter only 3 athletes in each event unless each one has hit the additional qualifying mark for

(regionals:https://www.mhsaa.com/sites/default/files/Track%20Field-Boys/psti.pdf?time=174646 2671222) You must scratch down to 2 athletes on Friday unless all have hit additional qualifying marks.

Timing: FinishLynx timing system with Easy Meet Manager will be utilized with an independent crew for this event.

Coaches Meeting: We will have a coaches meeting in the locker rooms under the stadium, entry is located on the front side of the press box facing the track. We hope to communicate everything well enough that the coaches meeting goes quickly, smoothly, and teams can just turn in scratch sheets and referee statements.

Athlete Check In/Chute Procedure: Athletes for ALL running events will check in at the tent & table at the North end of the track. Athletes should check in no later than the 2nd call (Please have them use a surrogate if they are in Field Events.) If there are scratches beyond the scratch period, please communicate these to the clerk so plans can be made.

Scratches: Field event scratches will be due to the coaches' meeting at 9:00 AM, at the beginning of the coaches meeting. All remaining prelim scratches will be due in the press box at 9:45. Final Scratches will be due in the press box at 12:30.



Field events: Girls (Discus, LJ) will occur at the same time as Boys (HJ and SP). Girls (HJ and SP) and Boys (discus, LJ) will occur 30 minutes after finals of their counterparts. The Boys & Girls HJ will be run in a five alive format, beginning with Boys 10:30am. SP and discus will occur in flights with no less than 5 athletes per flight. Field event finals occur immediately after the top 9 performances (SP, Disc, LJ) are determined.

Team Parking: Buses will drop off student-athletes at the entrance to the stadium and will park in Pellston Food Pantry Parking lot on the backside of S.A. McClutchey Memorial Stadium.

Spectators Parking: Parking of all spectators will be in the school lots around the high school track.

Tent/Team Area: Please set up camp/tents on the grass to the North end of the track from concessions to the woods or the south end in front of the maintenance barn. Please space them out from other teams. All tent/team areas are to stay outside of the fence surrounding the track.

Admission: \$7 MHSAA admission. We will be using GoFan. There is a small fee associated with using GoFan. No passes will be accepted: Coaches, ADs, and administrators allowed with team (**Track & Field Meet Region 31 Link:**) https://gofan.co/event/3592365?schoolId=MI10363



Concessions: Concessions will be available in the building to the right of the gate as you enter.

Locker Rooms: Available for Student-Athlete Bathroom use ONLY.

Warm Up Areas: Warm ups can be done in the field to the right of the parking lot west of the track. The infield is NOT to be used for warm ups.

Equipment Inspection: Shot Put & Discus must be inspected before they can be used in competition, inspection will take place under the Pellston tent to the south of the pole barn (south end of track). Poles will be inspected there as well.

Starting Blocks: Starting blocks are provided. No other blocks will be allowed on the track.

Spikes: 1/8" - 1/4" pyramid spikes only allowed.

Track Marking: Chalk only, NO marks allowed on runways.

Infield: Coaches ONLY will be allowed on the infield. Only athletes in the next event will be on the infield. Please stay away from the finish table and timing systems.

Field Event Coaches: These coaches are allowed to coach from the designated area of each field event.

Pets: Per MHSAA, no pets will be allowed inside the outer perimeter of the track fence. Service animals with proper vestige and documentation are allowed.



Emergency Info: In case of severe weather we will follow MHSAA protocol and postpone the meet. The stadium locker rooms will be available to coaches and athletes. All spectators should go to their vehicles.

Athletic Trainer: Certified Athletic Trainer will be on site for this event.

Finals: Will begin 1 hour after the finish of the 200 prelims but not before 1:00 PM.

MHSAA Souvenir Clothing: Will be available on site, CASH PREFERRED, but checks will be permitted, made payable to: PELLSTON PUBLIC SCHOOLS--credit cards will be accepted if EAGraphics sends a card reader.



Pellston Public Schools

172 Park St
Pellston, Michigan 49769
231-539-8801 ext. 10029; nmesnard@pellstonschools.org

MHSAA Track & Field

Division 4 Regional # 31

Pellston Public Schools

Meet Manager: Nicholas Mesnard, (231-539-8801 ext 10029:

nmesnard@pellstonschools,org)

Date: Friday, May 16, 2025

Entries: Due Tuesday, May 13th, 2025 by 11:59pm-Athletic.net Schedule may be slightly

modified once we see the entries. Facility will open at 8am

Start Times: 9:00 - PV scratches due; Coaches meeting-Stadium Locker

Rooms; Other field event scratches due

9:30 - Boys Pole Vault begins

9:45 - Prelim Scratches Due (press box, see Cindy)

9:55 - National Anthem

10:00 - Field events open for warm up

10:30 - All remaining field events (Girls Discus ~about an hour after Girls Shot Put is completed, Boys Shot Put ~about an hour after Boys Discus is completed.)

Boys- Long Jump, Discus Girls- Shot Put, High Jump



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11:00 - 4 x 800 Relay Finals

Start prelims at the conclusion of the 4 x 800 Relay

Sprint/Hurdle 1st Round (100 Dash, High Hurdles, 200 Dash)

(Winner of each heat advances plus best times)

Ex: 5 heats of 100 = 5 heat winners + next 3 fastest times

12:30 - Final scratches due (press box, see Cindy)

12:55 - National Anthem

1:00 - Running Event Finals (or 1 hour after the last 200 Dash prelim, whichever is later) – High Hurdles, 100 Dash, 4 x 200 Relay, 1600 Run, 4 x 100 Relay, 400 Dash, 300 Hurdles, 800 Run, 200 Dash, 3200 run, 4 x 400 Relay

Implement Weigh-In: Begins at 8:30, Location: South of Pole Barn (Pellston tent); located beside the press box and bleachers.

Officials:

Gordie Richardson - Referee 1

David Putz - Referee 2 and Recall Starter

Ed McCarty - Starter

Rich Robbins - Starter

Peter Moss - Clerk



Division 4

Track and Field Regional 31

5/16/2025

Host: Pellston Location: <u>Pellston</u>

<u>Alcona</u> <u>Fairview</u>

Gaylord St Mary

Hale

<u>Harbor Springs</u>

<u>Hillman</u>

<u>Indian River Inland Lakes</u>

<u>Johannesburg-Lewiston</u>

<u>Mio</u>

<u>Onaway</u>

<u>Pellston</u>

Petoskey St Michael

<u>Posen</u>

Rogers City

Wolverine