

**Regional 43-2
Track and Field Meet
Wednesday May 14, 2025**

Participating Schools:

Gwinn
Hancock
Ironwood
Ishpeming
Jeffers
West Iron County

PLACE:

West Iron County
Nelson Field
600 Jefferson St. Iron River, MI 49935

STARTING TIMES:

Shot & Disc Weigh In 3:45 E.S.T
Scratch Meeting 4:00 E.S.T.
Field Events 4:30 E.S.T.
Running Events 5:15 E.S.T.

Meet Director: Mike Berutti

Starters: Corey Roell

Admission: \$7.00 for Students and Adults

Tickets available through Gofan.co

**Entries Due on Tuesday May 13, by 12:00 pm E.S.T.
Submitted through Athletic.net**

**No Shot Puts, Discs or Tents allowed on the Football Field.
Only Athletes in uniform and Coaches allowed on field.
Please Clean up your area.**

**FAT Timing will be done by Tortoise and Hare
Track is 6 Lanes, and is 400 Meters long.**

1. Rules stated in the March 2025 MHSAA Bulletin will be applied in the meet. In all other situations, the 2025 National Alliance Edition will be followed.
2. Entries in all individual events are limited to four and relays are limited to one team.
3. There will be medals given to 1st through 4th place and a trophy for 1st place team.
4. Master eligibility or opt out forms are due by May 13th.
5. Number of places scored: Individual Scoring 5-3-2-1- 4 Advance to UP's
Relay Scoring 5-3-2-1- 4 Advance to UP's
6. **There will be finals in Shot Put, Discus and Long Jump.** Participants will have 3 trials. Five will advance to finals and they will have three more trials.
7. There will not be any preliminary heats.
8. Coaches will NOT be allowed in the press box during the meet.
9. The track meet will move fluidly, athletes need to listen for upcoming events.
10. A concession stand will be available.