MHSAA Division 3 Region 45 Track & Field Wednesday, May 14 2025

→ Participating Schools

• Brimley, Ojibwe Charter, Islanders, Mackinac Island, Newberry, Whitefish, St.Ignace

» Coaches Meeting

• 3:00pm

→ Field Events

• 3:30pm

» Running Events

• 4:15pm

→ Place

- LaSalle High School Kiwanis Track
- The interior of our track is our practice football field therefore, NO practice throws
- NO tents on the infield
- NO locker room access
- NO chalk,
- Tape is allowed, but must be removed immediately after
- Rubberized surface, the legal 1/8" pin spikes are allowed

→ Entries

- Must be submitted online at www.Athletic.Net
- All entries are due by Monday, May 12 by 11:59 pm. Late entries will receive no seeding. NO EXCEPTIONS AND NO ADD-ONS!
- Times must be entered as FAT times to the hundredth (.00) and must represent true times. (No relay splits or estimates!)

→ Scoring

• 5-3-2-1

→ Bus Parking

 All Busses MUST park in the front of the High School in the bus loop! This is very important. We are under renovations and busses CANNOT get behind the building. Also, if they pull into the parking lot they may be stuck and not be able to get out until the lot is cleared. So Please make sure bus drivers know this information.

» Admission

• \$7 on GoFan

» Concessions

• A full concession will be available.

→ MHSAA

- A limited amount of MHSAA regional track and field sales items will be sold.
- MHSAA Officials for this meet are Joe Baker & Susan Edington

» Questions

• Nichole Martin - Athletic Director 231-330-1612