

2026 Division 3 Regional #27

Tentative Time Schedule

8:00-8:45am- Implement Weight-In (Garage by the start of the 100m)

8:30- Coaches Meeting/Morning scratches due (Meeting will be held in the cafeteria)

POLE VAULT WILL BE CONTESTED ON FRIDAY, MAY 15, 2026: Location: L'Anse Creuse High School with a start time of 4:30pm

**9:00am- Boys High Jump and Shot Put
Girls Discus and Long Jump**

BOYS RUN FIRST IN ALL EVENTS

10:00am- 3200 M Relay

Preliminary (Semifinals) Running Events (IMMEDIATELY AFTER 3200 M RELAY)

**100 M Dash
110/100 M Hurdles
200 M Dash**

12:00pm- Afternoon Scratches Due

1:00pm- Running event finals (1 HOUR AFTER SEMIFINALS)

**110/100 M Hurdles
100 M Dash
800 M Relay
1600 M Run
400 M Relay
400 M Dash
300 M Low Hurdles
800 M Run
200 M Dash
3200 M Run
1600 M Relay**

*****Trophy presentation at the conclusion of the meet*****

Division 3 Track and Field Regional #27
Hosted at Mount Clemens High School
155 Cass Ave
Mount Clemens, Mi 48043

Date: Saturday, May 16, 2026

Location: Mount Clemens High School

Regional Manager: Maurice Wallace Phone: 586-945-9345 Email:
mauricewallace@hotmail.com

John Pittman Phone: 586-277-8776 Email: pittmanj@mtcps.org

Athletic Director: John Pittman Email: pittmanj@mtcps.org

Assistant Athletic Director: Derriana Goodson Email: goodsond@mtcps.org

Entries: DUE TUESDAY, MAY 12, 2026 by 11:59 pm. All entries will be done on athletic.net. Follow all instructions and regulations found on MHSAA website for track and field under regional entry procedures.

Please remember to send your MHSAA Master Eligibility Lists to John Pittman: Email no later than Monday, May 11, 2026 at 2:30pm.
pittmanj@mtcps.org

You may enter three athletes in individual events but must scratch to two unless **ALL** entries of three or more have met the additional regional qualifying standards. Additional regional qualifying standards can be found on MHSAA website.

Athletes or relay teams that do not have times submitted or with incorrect times submitted, will be placed in the last heat or first section without seeding consideration.

NO LATE ENTRIES ALLOWED!!!!

[Athletic.net](http://athletic.net): Times must be entered as FAT times to the hundredth of handheld equivalent, adjusted by +.24. Be sure to enter relay legs and a seed time (can be changed day of meet). Relay seed times do not automatically pull from the system like individual performances do. **Entries**

will be locked at 11:59pm on Tuesday, May 12, 2026. Please contact Maurice Wallace if you have any questions on how athletic.net works.

Starters/Referees/Clerks: Ronald Rowland, David Clifton

Bus Parking: Drop off can be done at the main entrance gate of the track then park in the lot closest to the discuss field.

Admission/Tickets: All tickets will be digitally sold on GoFan and cost will be \$10. A mobile device is required. Tickets will be able to be found on www.GoFan.Com or you can scan the QR code upon arrival.

Parking: Fan parking will be available on a first come first serve basis, buses will be using the lot closest to the discuss area. Volunteers/Coaches will be able to park in the lot that is located on the side of the High School.

Seating: Bleachers on the home and away side are for spectators only. **NO team camps/set up in the home bleachers and no spectators inside the track.**

Team Camps: There will be designated areas blocked off for team camp set up. Availability will be on a first come first serve basis.

Warm-Ups: The track infield will be available for warm-up activity. The track will be available until 15 minutes before the start of the finals.

Trainer: Mount Clemens will provide

Bathrooms: Located near the concession stand.

Inclement Weather: In the case of severe weather, each school will be assigned a classroom inside the high school. For rain, lightning and thunder delays we ask that everyone return to their cars and or team buses.

Marking Substances: Chalk only, there will be chalk at the long jump, high jump and each exchange zone for relays. We ask that once done with the use of the chalk please place it back in the bin.

Spike Size: 1/4 or 1/8 Pyramids are allowed. **No pin or Christmas tree spikes.**

Timing System: FAT timing system will be used.

Starting Blocks: Blocks will be provided by the host school. We ask that the blocks are not removed from the area of the event.

Scoring: 10-8-6-5-4-3-2-1 for all events.

Award/Results: Live results on athletic.net. Medals will be rewarded for places 1-8 in all events including relays. For any tied events, duplicate medals will be ordered. Medals can be picked up from the press box approximately 15 minutes after the conclusion of the 1600 M relay. Trophy presentation will take place at the 50 yard line on the track.

Concessions: Concessions will be available along with Kona Ice.

State Qualifiers: The first two places in each event, plus any contestant who equals or betters the published additional qualifier standard, shall qualify to the state meet. State qualifying marks are located on the MHSAA website. Efforts in the preliminary trials for long jump, shot put, and discus may qualify the competitor to the State Meet. State qualifiers will compete on Saturday, May 30, 2026 @ Kent City High School.

Seed List: Seed list will be sent to all schools Wednesday or Thursday of Regional Week and posted on athletic.net.

Jury of Appeal: Will be determined on the day of the meet after the coaches meeting.

Field Events

Long Jump: Open pit format, pit will be open for one hour and 30 minutes. All contestants will be allowed three preliminary jumps. The finals will begin approximately 15 minutes after the finalists are announced and will include the top nine contestants from the preliminary round for an additional three jumps. All ties for ninth place will go to the finals. There will be a 30 minute break between the end of girls and the beginning of boys competition. The boys will check in and warm up during the 30 minute break.

Discus and Shot Put: Flights will be arranged from worst entry performance to best. A brief warm-up period will be allowed between flights. Each contestant will get three preliminary throws and top nine performers will move on to finals for an additional three throws. All ties for ninth will go to finals. Finals will begin approximately 15 minutes after the finalists are announced.

High Jump: Starting Heights and raises for boys 5'4", 5'7", 5'10", **6'**

Starting Heights and raises for girls 4'4", 4'7", 4'10", **5'**

There will be a 30 minute break between the end of boys and beginning of girls competition. Girls will check in and warm up during the 30 minute break.

Pole Vault: Cards will be available before the meet for coaches to sign and verify athletes' poles and weights.

Starting heights and raises for girls 7', 7'6", 8', 8'6", **9'**

Starting heights and raises for boys 10'6", 11', 11'6", 12', **12'6"**

There will be a 30 min break between the end of girls and beginning of boys competition. The boys will check in and warm up during the 30min break.

Check-in Procedures: It is the contestants responsibility to notify officials if he/she must leave one event for another. Running events have precedence over field events. **Athletes must report to the clerk of course after the first call.** Contestants will be allowed ten minutes for a return to the field event after the contestant has competed in a running event.

Running Events

One round of prelims will be run in the 100 M Dash, 110/100 M Hurdles, and the 200 M Dash. Qualifying procedures for the finals will be heat winners plus the next fastest times.

The 800m, 1600m, 3200m and 4x800m relay will use a double waterfall start.

The 1600m will have one section unless the number of entries is over 24 competitors. If two sections are needed, the last heat (fastest heat) will have 16 competitors including ties.

The 800m will have two heats if there are more than 20 entries. If two sections are needed, the last heat (fastest heat) will have 12 competitors including ties. If there are more than 24 entries, the last heat will have 16 competitors including ties.

The 300m hurdles, 400m, 4x100 relay, 4x200 relay and 4x400 relay will be run in sections with the slowest qualifying times in section one.

Contestants should report to the clerk of course on the FIRST call and no later than the SECOND call if in a field event. The staging area will be located in the endzone closest to the start of the 100m dash.

Results will be live on athletic.net during the meet.