



**Track and Field Regional Information
Saline High School
1300 Campus Parkway, Saline, MI
Friday, May 15th, 2026**

Athletic Directors and Track Coaches -

Your team has been assigned to the Saline Regional on Friday, May 15th, 2026. These are items you need to be aware of for the Regional:

1. All Regional entries are due by **11:59 p.m. on Tuesday, May 12th, 2026**. Entries are to be done on athletic.net.
2. From the MHSAA:
Late entries are for CLERICAL ERRORS ONLY.
** \$50 must be paid before the contestant or team will be allowed to participate.*
** There are to be no late entries after the Regional individual positions are set.*
** The late fee may not be used to change any time, height, or distance.*
** The only changes which are permitted after 11:59 p.m. the day of the entry date will be scratches or clerical errors.*
3. From the MHSAA:
Times must be entered as FAT times to the hundredth (.00) or handheld equivalent (e.g. 10.23 hand time is first rounded up to 10.3, then add .24=10.54 converted time) Entries for which times were not submitted or for which false times were submitted, are to be placed in the slow heat or without seeding consideration. All times must be from the current outdoor season, and if questioned, the entering coach must provide the date, location, and opponent when the time was achieved.

Entries for whom times were not submitted or for whom confirmed false times were submitted are to be placed in the last heat or first section without seeding consideration. The Regional Manager is to advise the MHSAA, in writing, of these violations.
4. From the MHSAA:
All performances/entries must be legitimate. All performances must have been achieved prior to 11:59 p.m. on May 12th.

Times, heights and distances listed on the entry information are to be for the current outdoor season only. If questioned, each coach must indicate the date, location and opponent (school) when the time was established. Failure to comply shall eliminate the individual as an additional qualifier or shall eliminate the individual from seeding consideration.

5. You may enter 3 individuals in an event; however, only two may compete (scratch the third) unless all three (or more) have met the additional qualifier standard.
6. FAT timing will be utilized. NOTE: Because of FAT timing, there will only be two rounds of the 100, 110/100 hurdles, and the 200. The first round will begin at 3:00, and the finals will begin at 5:00.
7. The long jump will be an "open pit." The girls' long jump will begin at 1:00, and the boys' long jump will begin at 3:30 (or one hour after the girls finish). Both genders will have 90 minutes to complete their jumps.
8. The 1600, the 3200, and the 4 x 800 will all use the waterfall or double waterfall (step up) start, and there will be a one turn stagger.
9. Advancing to the finals in the 100, 110/100 hurdles, and 200:
 - 1 Heat – heat winner and then the fastest times to fill all remaining available lanes.
 - 2 Heats – 2 heat winners, 6 fastest times to fill available lanes
 - 3 Heats – 3 heat winners, 5 fastest times to fill lanes
 - 4 Heats – 4 heat winners, 4 fastest times to fill lanes
10. [Refer to the MHSAA Track and Field website for the sequence of raises in the pole vault and high jump at the Regional.](#) On the same link you can check the standards for qualifying to the State Meet in all events.
11. Scoring in the Regional meet is as follows: 10-8-6-5-4-3-2-1. Medals are awarded to the top 8 places including relays.
12. There will be a coaches' meeting at noon in the bleachers of the football stadium. It is important that all coaches attend.
13. All coaches and athletes are expected to respect the MHSAA and Saline High School sportsmanship standards.
14. The Regional time schedule accompanies this document.
15. **Ticketing:** Regional Tickets are \$7.00 each - GoFan Electronic Ticketing only. Credit card readers are available for onsite purchasing but we do **NOT accept cash.**
 - **GoFan Ticket Link to Pre-Purchase:** <https://gofan.co/app/school/MI10078>
 - MHSAA Postseason Play - NO passes will be accepted and no discounted rates - no Conference passes, no Senior passes, no GoFan season passes, no Student/Staff ID accepted, etc.
 - Players, coaches, and school administrators will be admitted free of charge
16. **Concessions:** will be open - **CASHLESS.** Fans can purchase using a major credit card, debit card, Apple Pay, or Google Pay.

We are looking forward to seeing you on May 15th.

If you have questions, contact Derek Stern at derek.stern@comcast.net or 419.376.8512.

Athletic Trainer, AED, Taping, Water: TrinityElite Athletic Trainers will be on site to evaluate and treat injuries. Due to the size of this event, please plan to bring your own taping supplies and/or have any routine taping completed prior to arrival. A portable AED is with our Athletic Trainer at all times - usually near the gator cart at 50yard line. Water jugs are provided for each team, but please bring your own cups/bottles to drink from.

Bus Drop Off & Spectator Parking: Bus can drop off in the South Athletic Lot, right in front of the Concession building. Buses can park in the softball, soccer, or East or West school lots; but should not park in the South lot due to traffic flow. Yellow areas marked as general parking in the attached map. There are Handicapped spaces in the South Athletic Lot for the easiest access point to the gate entry way.

Stadium Safety: QR signs are around the facility but you can also refer to this QR code ahead of time



**2026 MHSAA REGIONAL TRACK AND FIELD
FRIDAY, MAY 15th, 2026
SALINE HIGH SCHOOL**

Scratches for Girls' PV	Due by 11:30
Coaches' Meeting	12:00 - football stadium bleachers
Implement Weigh-In	11:30-12:15
Scratches for other Field Events	Due by 12:30
Girls' Pole Vault	12:00...will run to its conclusion
Girls' Long Jump (open pit for 90 minutes)	1:00...finals follow immediately
Girls' Discus	1:00...finals follow immediately
Boys' Shot Put	1:00...finals follow immediately
Boys' High Jump	1:00...will run to its conclusion
Boys' Long Jump (open pit for 90 minutes)	2:30 or one hour after girls' LJ
Boys' Discus	Following the girls' discus
Girls' Shot Put	Following the boys' shot put
Girls' High Jump	One hour after the completion of boys' HJ
Boys' Pole Vault	Following the girls' PV
3200 Relay	2:00
Scratches for 1st Round 100/hurdles/200	Due by 2:15
100 - 1st Round (boys/girls)	3:00
100 Hurdles - 1st Round	
110 Hurdles - 1st Round	
200 - 1st Round	
Final Scratches	Due by 4:15
National Anthem	4:50
FINALS	5:00
100/110 Hurdles	
100	
800 Relay	
1600	
400 Relay	
400	
300 Hurdles	
800	
200	
3200	
1600 Relay	
Presentation of Awards	