

Michigan High School Athletic Association, Inc.
CROSS COUNTRY/TRACK AND FIELD REGULATIONS COMMITTEE MEETING MINUTES
January 19, 2016, 9:30 a.m.

Members Present:

Angela Bauer, Saugatuck (MITCA)
Tom Carney, Pinckney
Lew Clingman, Grand Rapids (ATOM)
Tim Erickson, Rockford
Foster Findley, Reese
Rudy Godefroidt, (ATOM)
Jerry Haggerty, Hamilton
Carey Hammel, Shepherd
Asa Kelly, Benzonia
Steve Linn, Harbor Beach (MITCA)
Brian Macomber, Rockford

Ross Malatinsky, Holt
Kyle McKown, Clare
Charles Miller, Mason
Mike Nesbitt, Auburn
Peter Norman, Napoleon
Mike Roberts, Hillsdale
Nancy Smith, Northville
Rick Smith, Eaton Rapids
Lowie van Staveren, Gobles
Mark Werley, Zeeland
Dan Wytko, Portage

MHSAA Staff Present:

Nate Hampton (Recorder)
Cody Inglis

Members Absent:

Michele Watkins, Detroit

The committee met for the purpose of reviewing specific National Federation sport rules, MHSAA tournament policies, and interpretations that are applicable to Track and Field and Cross Country during the regular season and MHSAA tournaments. The following is a review of items discussed by the committee as well as recommendations to staff for inclusion in tournament information and recommendations that will advance for Representative Council consideration.

Following the welcome, introductions, statement of committee purpose and the committee relationship to the Representative Council, the committee discussed the following:

1. 2015 Committee Minutes and Recommendations
2. Health and Safety Concerns
 - Heat & Humidity
 - Should the MHSAA consider defining a "too cold temp for competition?"
 - Health & Safety training for coaches
 - Coaches required to complete CAP in 2016
 - Should Track and Cross Country develop practice policies similar to football?
 - Concussion Management/MHSAA Concussion Insurance
3. The committee was advised of planning to allow 6th graders to participate with 7th and 8th graders.
4. Cross Country:
 - 2016 Final Site- Michigan International Speedway – Saturday, November 5, 2016
 - MHSAA Cross Country post season tournament – Regionals Oct. 28-29, 2016
 - Timing and Results – update on the plans for live scoring and results on Finals Saturday
 - Timing – use of video backup for chip/transponder timing as well as hand timing
 - Online Rules Meeting
 - Update on MHSAA XC Task Force meeting investigating participating team assignments to Regionals
 - Cross Country Regional Assignment and Site Selection Committee Meeting - May 11
5. Track and Field:
 - Regional sites selected and school assignments
 - Track and Field 2016 Final Sites:
 - Division 1: Hudsonville HS
 - Division 2: Zeeland HS
 - Division 3: Comstock Park HS
 - Division 4: Houseman Fieldhouse, Grand Rapids
 - Upper Peninsula – All Divisions Kingsford HS
 - 2016 Additional Qualifying Standards
 - Continue to pursue requiring all Regionals use FAT Timing by 2017

- Consider in 2016 for Regionals using FAT to eliminate a round of the sprint races as we now do at Finals
- Track Final Time Schedules
- Allow Long Jump prelims and finals to be conducted in open order with a one hour maximum limit (previous policies allowed for the prelims to be conducted in open order and Finals in worst to best prelim finish order)
- Finals – 3200 meter relay will be conducted as follows – two sections with the last section including the 12 fastest plus ties
- Region Entries – The committee discussed at length allowing individual entries to not exceed four events including relays – No change
- Review Participating Team Information
- 2016 NFHS Rules and Editorial Changes

Recommendations to the MHSAA Staff

1. Participating Team Information – Finals 3200 Relay to be conducted in two sections, the last section to include the 12 fastest times plus ties
2. The long jump – Finals both prelims and finals to be conducted in open order, 1 hour maximum time limit

Recommendations to the Representative Council

1. Beginning in 2016, eliminate in all Regionals that use FAT one round of the Boys 110m hurdles, Girls 100m hurdles, Boys and Girls 100m and 200m dashes (recommended by Site Selection Committee 1/13/16, 16-0). (22-0)
2. Beginning in 2017, require that all Regional sites use FAT (recommended by Site Selection Committee 1/13/16, 16-0). (22-0)