

# CHESANING SCHOOLS ATHLETICS

Jason Hemgesberg - Athletic Director - [jhemgesb@chesaning.k12.mi.us](mailto:jhemgesb@chesaning.k12.mi.us)  
Jodi James - Athletic Secretary - [jjames@chesaning.k12.mi.us](mailto:jjames@chesaning.k12.mi.us)

850 N Fourth St.  
Chesaning, MI 48616  
989-845-2040

## MHSAA Division 3, Region 30 Track & Field Championships Friday, May 20, 2022

Location: Morningstar Stadium, Chesaning High School, 850 N. Fourth St, Chesaning, MI 48616

MEET MANAGER: Jason Hemgesberg, Chesaning Union Schools, Athletic Director  
Email: [jhemgesb@chesaning.k12.mi.us](mailto:jhemgesb@chesaning.k12.mi.us)

Entries: **ALL ENTRIES NEED TO BE MADE ON ATHLETIC.NET BEFORE 11:59 PM, TUESDAY MAY, 17, 2022**

- Each team is allowed 3 entries and must scratch down to 2 contestants. A team may enter more than 3 athletes, provided all athletes entered have met the regional additional qualifying standards
- ALL PERFORMANCES SHOULD HAVE BEEN ACHIEVED PRIOR TO 11:59 PM, May 17, 2022.
- Times MUST be entered as FAT times to the hundredth (.00) or handheld equivalent, adjusted by rounding up to the highest tenth then adding 0.24 (i.e.  $12.52 = 12.6 + 0.24 = 12.84$ )
- Athletes or relay teams that do not have times submitted or with incorrect times submitted, will be placed in the first heat or first flight (slowest heat) without seeding consideration.
- Late Entries for CLERICAL ERRORS ONLY:
  - \$50 must be paid before the contestant or team will be allowed to participate.
  - There are to be no late entries after the Regional individual positions are set.
  - The late fee MAY NOT be used to change any time, height, or distance.
  - The only changes permitted after 11:59 PM, Tuesday, May 17 will be scratches or clerical errors.

Officials:

- Kathy Hutfilz (Starter)
- Jill Sandro (Starter)
- Dale Brecht (Referee)
- Rudy Godefroidt (Clerk)
- Jason Hemgesberg (Meet Manager)
- Aldrich Race Timing (Timer)

Appeal Committee:

- Jason Hemgesberg (Meet Manager), Dale Brecht (Referee), Kathy Hutfilz (Starter), 1 Boys Coach, and One Girls Coach.
- The decision of the Appeal Committee is final.

Athlete Check In Procedure:

- Athletes will check in with the clerk located under the white tent at the southwest corner of the track (behind the start of the 110 M Hurdles).
- Call system: 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> (last) call will be used. All athletes must check in by 2<sup>nd</sup> call.
- Athletes that do not check in by 2<sup>nd</sup> call for an event, will be scratched from the event.

Scoring: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1 (for all events)

Awards/Results:

- Team awards packets may be picked up in the press box following the conclusion of the meet.
- Trophies will be awarded to the 1st place men and women teams.
- Results will be posted live online (link to come), and on athletic.net. Results will not be printed.

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Spikes: Please use only ¼' pyramid spikes.

Starting Blocks:

- Traditional starting blocks will be provided .
- Non-traditional blocks must be approved by the referee/starter prior to the event.

Warm Up Area/In-Field

- Only competitors warming up for an event, coaches (two per gender will receive a wristband), officials, and managers will be allowed on the infield during the track meet.
- Coaches will be asked to keep athletes who are not competing off the in-field. If this becomes an issue the in-field will be cleared of all people except for meet management.

Marking Material:

- Chalk is the only acceptable marking material and will be provided at the coaches meeting.
- Long Jump and Pole Vault - chalk marks are to be placed on the cement on the outside of the runway.

Concessions/Admission/Apparel:

- Concessions will be available with a full slate of items.
- Locker rooms WILL NOT be available.
- Admission is \$7.00 for all spectators.
- MHSAA apparel will be available for sale.

Athletic Trainer:

- Will be available at the track area near the common start/finish.
- If an athlete needs to be taped please bring taping materials for the trainer to use.

Bus Parking:

- Please drop athletes off at the stadium entrance.
- If buses are staying they will be directed where to park after drop off.

Team Camps:

- Team camps can be set up in the grass area to the south east of the track. This will be the area between the baseball/softball fields.
- Locations will be first come basis, and teams are asked to please clean up after themselves.

REMINDERS:

1. We have a turf field so please make sure that your athletes clean up after themselves when using the turf to warm up. We ask that athletes do not bring food onto the turf, this would include sunflower seeds, they may have water or other sports drinks.
2. Gates open to the public at 12:30 pm
3. The coaches meeting will begin at 12:30 pm in the track storage garage near the main entrance to the stadium.

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## FIELD EVENT DETAILS

### Pole Vault:

- Women will jump first, followed by the men.
- Men; The opening height will be 10' 3" and follow the MHSAA Regional Standard Raises for Pole Vault.
- Women; The opening height will be 7' 0" and follow the MHSAA Regional Standard raises for Pole Vault.

### High Jump:

- Men will jump first, followed by the women.
- Men; The opening height will be 5' 5" and follow the MHSAA Regional Standard Raises for High Jump.
- Women; The opening height will be 4' 5" and follow the MHSAA Regional Standard Raises for High Jump.

### Long Jump:

- Girls will jump first, followed by the boys.
- Preliminaries will be an open pit for 1 hour and 15 minutes.
- Each athlete will get 3 attempts during the preliminary round.
- Finals will begin approximately 15 minutes after the conclusion of the preliminaries.
- The top 9, plus ties, will advance to the finals, which will consist of 3 more attempts for finalists.
- Places are determined by the best jump of the day (preliminary or final).

### Shot Put/Discus:

- Flights with 10 minutes between flights for warm up.
- Preliminaries will be 3 throws (1 + 1 + 1) and finals will be 3 throws (1 + 1 + 1)
- The top 9, plus ties, will advance to the finals and compete in reverse order.
- Girls will throw discus first, followed by the boys.
- Boys will throw shot put first, followed by the girls.

Implement Weigh-In: 12:30 to 1:30 in Storage Garage (opposite side of coaches meeting) near Concession Area

Pole Vault Verification: Poles must be verified by the coach and athlete with the field event referee.

[Additional Qualifying and Vault/Jump Raise Chart \(LINK\)](#)

**GATES OPEN AT 12:30 PM**

## **FIELD EVENT SCHEDULE:**

FIELD EVENT SCRATCHES DUE AT 12:45 PM

POLE VAULT	1:00 PM START (Girls), Boys Pole Vault will begin 30 minutes after the Girls
HIGH JUMP	1:00 PM START (Boys), Girls High Jump will begin 30 minutes after the Boys
SHOT PUT	2:00 PM START (Boys), Girls Shot Put will begin 30 minutes after the Boys
DISCUS	2:00 PM START (Girls), Boys Discus will begin 30 minutes after the Girls

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LONG JUMP            1:00 PM - 2:00 PM      OPEN PIT WARM UPS (Girls)  
                         2:00 PM - 3:15 PM      OPEN PIT PRELIMS (Girls)  
                         *\*\*FINALS will take place immediately following or before the 75-minute time limit if prelims finish early.*  
                         4:00 PM - 5:00 PM      OPEN PIT WARM UPS (Boys)  
                         5:00 PM - 6:15 PM      OPEN PIT PRELIMS (Boys)  
                         *\*\*FINALS will take place immediately following or before the 75 minute time limit if prelims finish early.*

## RUNNING EVENT SCHEDULE:

### **PRELIM AND 4 X 800 M SCRATCHES DUE AT THE FINISH LINE BY 2:15 PM**

3:00 PM            4 X 800 M RELAY - FINAL, BOYS FOLLOWED BY GIRLS

3:30 PM            QUALIFYING HEATS FOR SPRINTS (BOYS RUN FIRST)

- 100 M DASH
- 110 M HURDLES
- 100 M HURDLES
- 200 M DASH

#### ADVANCING ATHLETES TO THE FINALS (8 LANES):

- Heat winners from each heat and then the fastest times to fill remaining lanes.
  - 2 Heats = 2 heat winners + 6 fastest times to fill available lanes
  - 3 Heats = 3 heat winners + 5 fastest times to fill available lanes
  - 4 Heats = 4 heat winners + 4 fastest times to fill available lanes

4:00 PM            SCRATCHES DUE for all running event finals. Please turn these into the finish line.

4:55 PM\*           NATIONAL ANTHEM

5:00 PM\*           RUNNING EVENT FINALS (or one hour after the final event of the qualifying heats end.)

Men's 110 M Hurdles / Women's 100 M Hurdles

100 M Dash

4 x 200 M Relay

1600 M Run; 2 heats if entries exceed 24, if 2 heats the 2nd heat will have the fastest 16 entries.

4 x 100 M Relay

400 M Dash

300 M Hurdles

800 M Run; 2 heats if entries exceed 24, if 2 heats the 2nd heat will have the fastest 16 entries.

200 M Dash

3200 M Run; 1 heat per gender regardless of the number of entries.

4 x 400 M Relay

8:15 PM\*           Trophy Presentation

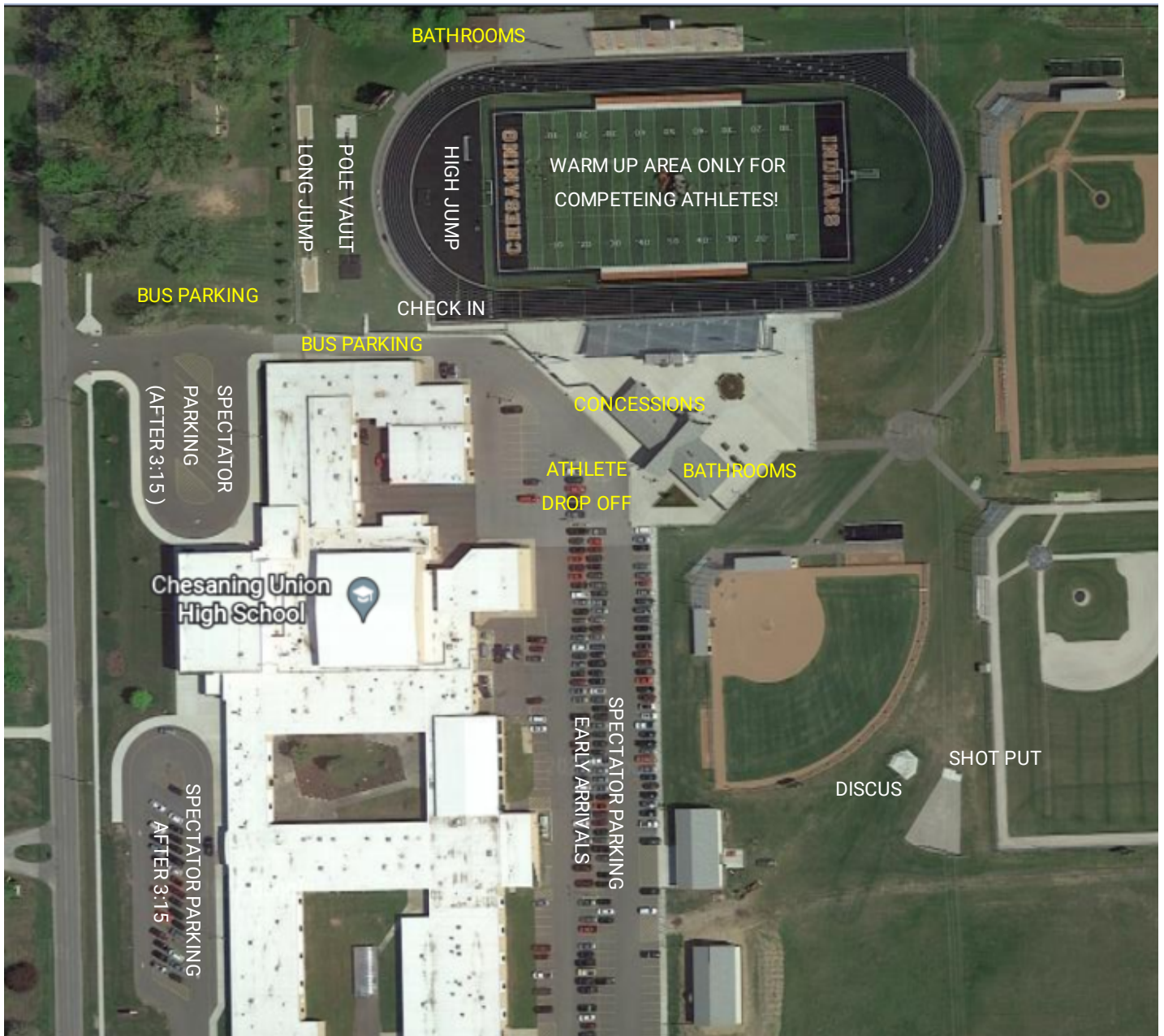
**\*approximate times**

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## Morningstar Stadium @ Chesaning High School



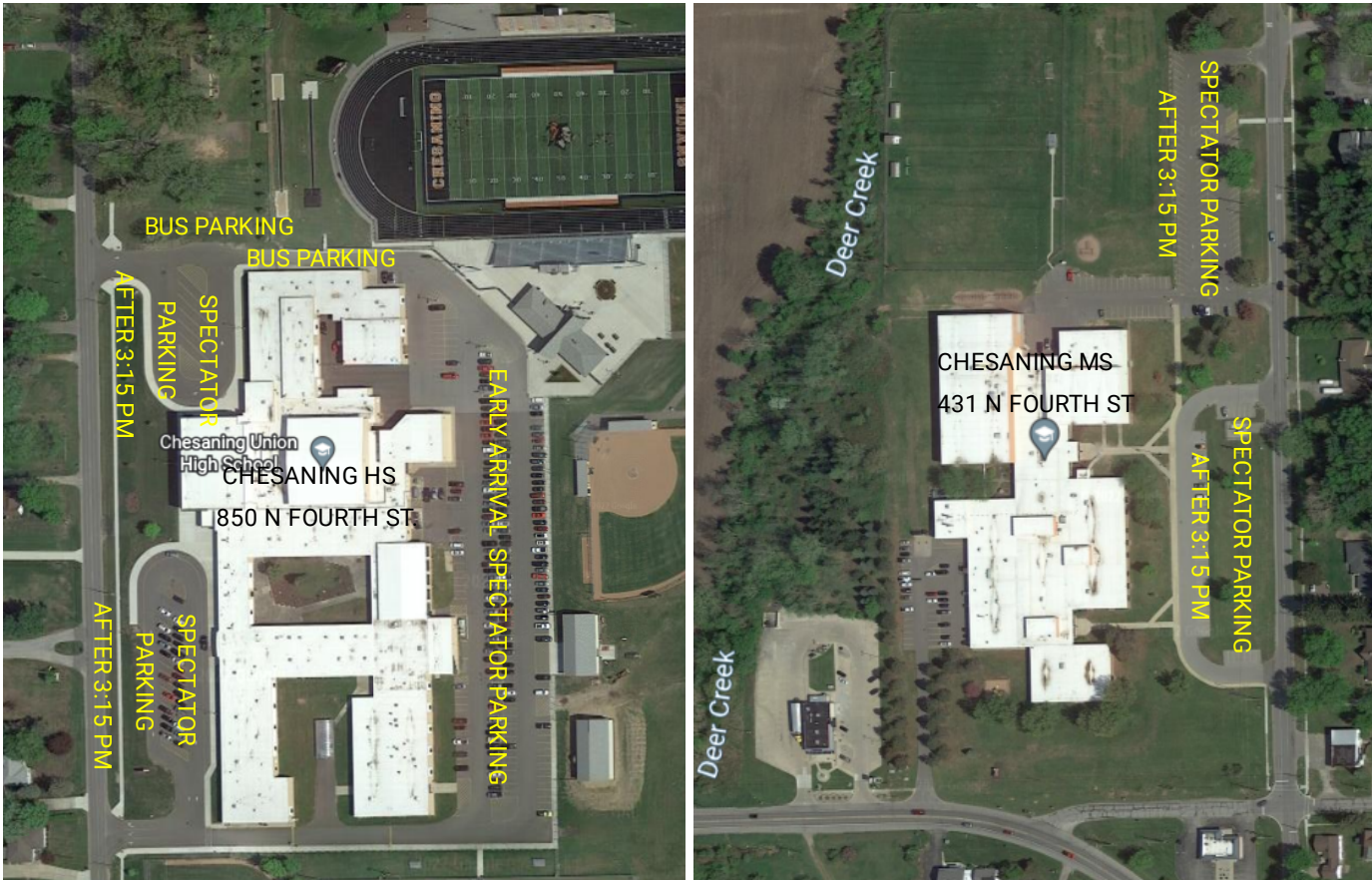


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## Parking:



- Parking will be available in the east parking lot of the high school (behind the high school) for spectators arriving early. Please note this parking area will fill up quickly and overflow parking areas will need to be used after 3:30 PM.
- Some parking areas, as noted on the map, will be unavailable until after school has been released. These areas should free up around 3:15 PM.
- Traffic flow around the high school and middle school will be extremely busy and slow from 2:45 PM to 3:15 PM.
- Overflow parking will be available at the Middle School (431 N. Fourth St., Chesaning, MI 48616). Please remind spectators to be respectful of our facilities by utilizing the designated parking areas. The middle school is about ¼ mile walk from the high school. Drivers can drop at the high school and then park at the middle school.