

**MARLETTE HIGH SCHOOL**  
**MHSAA-DIVISION 40-4**  
**Track and Field Regional**

**LOCATION:** Marlette Athletic Complex  
3197 Sterling Street  
Marlette, MI 48453

**DATE:** Friday May 20, 2022

**OFFICIALS:** Referee: Christine Lee  
Men's Starter: Richard Lee  
Women's Starter: Dave Patterson  
Men's Clerk: Rachel Bennett  
Women's Clerk: Emma Albertson

**ADMISSION:** All tickets will be \$7.00 via [www.gofan.co](http://www.gofan.co) as mandated by the MHSAA -  
**Please pass this along to your athletes and spectators** ahead  
of time so as not to hassle our admissions personnel.

**CONCESSIONS:** An assortment of food and drink will be available throughout the evening.

- \* **TRACK COMPLEX WILL BE AVAILABLE FOR USE STARTING AT 1:30 PM.**
- \* **NO TAPE** may be used on the track or runways.
- \* No spikes longer than ¼ inch will be allowed. (**1/8 PREFERRED**)
- \* State regional t-shirts and other apparel will be on sale throughout the meet.
- \* **ATHLETE DROP OFF / BUS PARKING** Use the entrance on the south end of the track to drop off athletes and equipment then a staff member will direct your Bus to the appropriate parking location. (**Elementary school 6230 Euclid St.**)
- \* There is spectator parking at either end of track with some Handicapped spaces
- \* All race finishes will utilize a FAT timing system.
- \* **START TIMES:** See the attached time schedule.

**NOTE:** A Qualifying Round will be held in the 100m dash, the 100m/110m hurdles and the 200m dash. Using a FAT system, the final eight runners will be determined according to the MHSAA guidelines.. There will be no semifinals as per MHSAA rules.

**RULES:** The track and field rules as they appear in the 2021 Track and Field Rules Book of the National Federation will be followed.

# TIME SCHEDULE

- 1:30 PM COMPLEX OPENS FOR PARTICIPATING TEAMS
- 2:45 PM COACHES' MEETING AT THE TRACK SHED - **SESSION ONE SCRATCHES DUE**
- 2:55 PM PLAYING OF NATIONAL ANTHEM FOR START OF FIRST SESSION
- 3:00 PM GIRL'S POLE VAULT ( Boy's pole vault will begin as soon as the girls are completed)
- 3:00 PM **FIELD EVENTS BEGIN (implements will be weighed at the site before each throw)**  
GIRL'S : HIGH JUMP (east pit), DISCUS, LONG JUMP  
BOY'S: HIGH JUMP (west pit), SHOT PUT  
(GIRL'S LONG JUMP PRELIMS WILL BE 3:00-4:15, FINALS AT 4:30)  
(BOY'S LONG JUMP WILL BEGIN 1 HOUR AFTER COMPLETION OF GIRLS)
- 4:00 PM **FINALS - BOY'S 3200m RELAY**  
**GIRL'S 3200m RELAY**
- 4:30 PM **QUALIFYING ROUND**  
100m DASH, 100/110m HURDLES, 200m DASH
- 5:30 PM SCRATCH FORMS DUE FOR SECOND SESSION
- 5:55 PM PLAYING OF THE NATIONAL ANTHEM
- 6:00 PM **FIELD EVENTS FOR EVENING SESSION BEGIN**  
GIRL'S: SHOT PUT  
BOY'S: DISCUS AND LONG JUMP

**THE NATIONAL ANTHEM WILL TAKE PLACE 30 MINUTES AFTER THE CONCLUSION OF THE LAST HEAT OF THE 200m QUALIFIER. RUNNING EVENTS WILL THEN BEGIN. WE ESTIMATE THIS TO BE AROUND 6 PM.**

## **EVENING FINALS**

100/110 METER HIGH HURDLES  
100 METER DASH  
800 METER RELAY  
1600 METER RUN  
400 METER RELAY  
400 METER DASH  
300 METER HURDLES  
800 METER RUN  
200 METER DASH  
3200 METER RUN  
1600 METER RELAY

**PRESENTATION OF MEDALS, TROPHIES, TEAM STANDINGS AND FINAL RESULTS**

**SCORING:** Scoring and medals to eight places as follows

1st - 10	5th - 4	
2nd - 8	6th - 3	Medals to all eight places-there is only a
3rd - 6	7th - 2	championship trophy awarded.
4th - 5	8th-1	

**WARM UP:** **ATHLETES ONLY** - Will be allowed on the track before the start of the qualifiers and during the the break. **Once Finals begin, no athletes or coaches should be on the infield unless competing in high jump or reporting to an exchange zone. (CLERKED IN ATHLETES may use infield for warm up)**

**STARTING HEIGHTS:** Starting heights and raises for high jump and pole vault are available at the MHSAA website under regional information for coaches.

**SHOT/DISCUS:** One concrete pad will be used for each event. Contestants will be placed in flights. Three throws in Preliminaries plus three additional throws for the NINE finalists. Throws in prelims carry over.

**LONG JUMP:** Open order jumping-girls first. Three jumps for preliminaries and three additional jumps for NINE finalists. Girls must complete prelim jumps by 4:15 p.m, finals to follow. Finalists will be announced and finals will begin in 15 minutes. Boy's prelims are 6 p.m. - 7:30 p.m. with finals to follow.

**FINAL TIMING:** Final placement in all races will be based on the FAT system and all finishes reviewed. **(THIS WILL TAKE PLACE IN OUR PRESS BOX AND IS OFF LIMITS TO ATHLETES AND COACHES)**

**TENTS:** May be set up in any area outside the four foot fence surrounding the track. No loud music is allowed near the track or bleachers. **(please have your athletes clean up their areas upon completion of the meet)**

**ENTRIES:** All entries for regionals are done through **athletic.net** Go to their website and follow their directions to get to our team and our regional site. You may enter three athletes and one relay team in each event. **Only two athletes** can compete the day of the regional in the individual event unless all three have met the additional qualifying standard which can be found on the MHSAA website.

Additional regional information is available at the MHSAA website (mhsaa.com)

**ENTRIES ARE DUE TO US THROUGH athletic.net BY 11:59 pm TUESDAY MAY 17. THERE IS A FEE FOR LATE ENTRIES AND YOUR SCHOOL WILL BE CHARGED**

**COACHES:**

Coaches are not allowed on the infield. They must also stay within marked boundaries at the field events. Questions or problems should be addressed to the meet referee who will be introduced at the coaches' meeting. Spectators are not allowed on the infield. Do not allow your athletes to set up camp by the high jump. Athletes not competing in the high jump will be asked to leave.

**QUESTIONS?**

Contact A.D. Drake Okie: 989-635-4904

Drake.okie@marletteschools.org

**Our staff welcomes you to Marlette and hopes your regional experience is a positive one.**

## **COMPETING TEAMS**

Regional No. 40-4 Marlette / Friday, May 20, 2022

Akron Fairgrove  
Capac  
Carsonville Port Sanilac  
Caseville  
Deckerville  
Dryden  
Harbor Beach  
Kingston  
Marlette  
Mayville  
New Life Christian Academy  
North Huron  
Peck  
Ubly  
Unionville Sebewaing

**A variety of clothing apparel including regional T-shirts and sweatshirts will be on sale throughout the meet.**