

# 2020 Cross Country MHSAA REGIONALS

## Saturday, October 31, 2020

**Division 2 – Region 11**

**Division 3 – Region 21**

**Division 4 – Region 31**

Hosted by Allendale High School

**James Hogan**, Meet Director

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**Location: Allendale High School**  
**10760 68<sup>th</sup> Avenue. Allendale, MI 49401**

### **Schedule/Race Times:**

8:30am Division 4 Arrival on campus

8:50am Division 4 substitute deadline

9:15am Division 4 Boys Race start

9:45am Division 4 Girls Race start

10:20am Division 4 State Qualifier announcement (no awards presentation)

10:30am Division 4 Depart campus

10:45am Division 3 Arrive on campus

11:05am Division 3 substitute deadline

11:30am Division 3 Boys Race start

12:00pm Division 3 Girls Race start

12:35pm Division 3 State Qualifier announcement (no awards presentation)

12:45pm Division 3 depart campus

1:00pm Division 2 Arrive on campus

1:20pm Division 2 substitute deadline

1:45pm Division 2 Boys Race start

2:15pm Division 2 Girls Race start

2:50pm Division 2 State Qualifier announcement (no awards presentation)

3:00pm Division 2 depart campus

### **Non-MHSAA Schedule/Race Times:**

Prohibited

**Timing and Scoring:** Michiana timing systems (FAT camera) will be used to time and score each race.

**Roster Entry:** You must register your team online at [www.athletic.net](http://www.athletic.net) by **Saturday, October 17, at 6:00 p.m.** according to MHSAA Instructions. \$50 late fee will be assessed if necessary.

Schools are allowed 9 registrants per team on athletic.net. Varsity seven and two pre-

declared alternates. Runners on Master Eligibility List may be substituted day of for any pre-registered runner.

**Opt-Out Date: Friday, October 16.** Must submit a master eligibility form by this date for all schools entering a team in this tournament. If you have not sent one please send to [watsonlau@apsfalcons.net](mailto:watsonlau@apsfalcons.net) or fax to 616-895-4280

**Competing teams:** The updated list of competing teams may be found at MHSAA.com

**Hotel and Lodging information** Allendale Township can be reached for hotel information at 616-895-6295.

**Public Restaurants information** Allendale Township can be reached for restaurant information at 616-895-6295.

**Michigan Uniform Rules:** Michigan uniform rules apply. Uniforms must meet NFHS and MHSAA rules and regulations. If you should have questions please ask one of the starters prior to your race.

**Return to Run protocols including facial coverings:** All schools must adhere to the MHSAA return to run protocols found on the sport specific page of MHSAA.com. Facial coverings must be worn at all times except for in preparation for, during, and immediately following competition per the MHSAA guidelines.

**Packet Pick-up:** Please pick up your final instructions packet upon arriving in the Falcon Stadium concession window. We will have course maps, participant numbers & safety pins in your packet the day of the meet.

**Course Description and Preview:** All events are 5000 meters. The course map is below and will be available for preview Friday, October 30, 3:00 p.m.-7:00 p.m. (weather permitting). No availability outside of your divisional time slot Saturday.

**Games Committee:** The games committee will include three coaches in addition to the meet referee and meet manager. If appeal involves a school from the games committee, the alternate will be a pre-selected coach.

**Results:** *Will not be posted on site.* They can be found at [mt2.timerhub.com](http://mt2.timerhub.com), [michianatiming.com/live](http://michianatiming.com/live), and [athletic.net](http://athletic.net) on your cell phone internet.

**State Qualifiers:** The top 3 teams in each division, with at least 5 finishers, qualify for the MHSAA State Finals at MIS. **NEW** The next seven (7) individual racers not on one of the three qualifying teams also advance as individuals to the Finals meet from the Regional meet. There is no scenario where a fourth team may qualify in 2020.

**Finals Packets:** Packets for finalists will be available to coaches at the finish line following State Qualifier announcement. *Don't leave without this information, which is needed for finals the next week.*

**Awards/Trophies:** Regional champions in each Division receive a trophy and 7 team medals, the top 15 individuals receive medals in each Division. These may be collected by coaches from the finish line following the State Qualifier announcement.

**Shirt Sales:** MHSAA Tournament gear will be sold at the event. Cash and checks will be accepted as payments.

**Concessions:** Will NOT be available.

**Bathroom/Dressing Facilities:** Bathrooms are located on the track-side of the concession stand building in the north-west corner of Falcon Stadium. Athletes should come to the meet dressed, as locker rooms are not available.

**Medical/Trainer:** An athletic trainer will be on site at the finish line. Please bring any necessary materials for your athletes.

**Admission:** The MHSAA requires a \$10 per car or ***\$6 per person*** charge for Admission. Admission passes must be purchased prior 12:00pm (noon) the day before event from [MichianaTiming.com/Registration](http://MichianaTiming.com/Registration) to be admitted. Verification of passes will be checked when entering campus. Those who arrive early, or without a pass, will be required to leave campus.

Please follow instructions of the parking personnel, who will be on-site guiding you to specified parking areas. ***Please complete the Google Form if you are not using busses or a coach/Administrator arriving separate.***

- **Buses** will be asked to drop off teams near track entrance and then park on the south side of the course (as indicated on map below). *Please advise busses to enter from 68<sup>th</sup> Avenue, as 64<sup>th</sup> will be blocked off.*
- **Team vans** may park in the south parking lot with the general public.
- **Spectator cars** may park in the lots south or northwest of the high school. If athletes are traveling with their parents and arrive without a parking pass, they will be asked to drop student off and exit campus. Please advise your spectators of the ticket requirement.
- **Per MHSAA rules**, advise your spectators pets are not allowed, nor alcohol, vaping or tobacco products.

### **Spectator Policies**

The following general policies apply to spectators at the MHSAA cross country tournament events.

- Facial coverings and social distancing must be practiced at ALL TIMES while attending this event.
- Banners are allowed with Meet Manager approval
- Noisemakers must be approved by Meet Manager. Air horns and whistles are not allowed.
- Body paint is not allowed
- Appropriate recorded music may be played prior to the meet in the team area.
- Smoking or vaping is not allowed at the tournament site.
- Videotaping – may tape games from the normal seating area, but not interfere with the view of other spectators or news media personnel covering the activity. Tournament host site is not required to provide electrical hook-ups; or tripod space and may arrange spectator videotaping from designated area.

**We look forward to seeing your teams compete and would like to thank you in advance for attending.**

Map legend: Yellow = Mile 1 Red = Mile 2 Blue = Mile 3

