

GIRLS GYMNASTICS COMMITTEE MEETING

Video (Zoom) Conferencing, September 22, 2021

Members Present:

John Cunningham, MHSGCJA
Michele DeHaan, Lowell
Todd Miller, Huron Valley
Kimberley Nichols, Coldwater
Brian Osborn, Fowlerville
Eric Pierce, West Bloomfield
Renee Sadler, Holt

Members Absent:

Abigail Gleeson, Parma Western
Charlie O'Dell, GR Kenowa Hills
Erin Polk, Novi

Staff Members Present:

Kathy Vruggink Westdorp (Recorder)

GENERAL REVIEW AND PURPOSE OF THE COMMITTEE

The 2021-22 Gymnastics Committee met by video conferencing to review its responsibilities as a standing sports committee; review prior Representative Council action; examine current MHSAA gymnastics policy; determine Regional qualifying scores and draw the 2022 Gymnastics Team Finals order. Additional discussion included questions regarding 2020-21 COVID considerations.

STATUS OF THE SPORT

Committee members reviewed a list of the schools which offer gymnastics in 2021-22, as well as the number of teams which are currently competing. Members also received a list of the cooperative programs that exist in gymnastics between schools. Presently there are 104 schools that offer gymnastics and a total of 48 gymnastics teams. In 2020-21, there were 103 schools that offered gymnastics and a total of 49 teams. There are currently 26 approved gymnastics cooperative programs.

Participation numbers in Michigan were received. In 2021-22, there were 613 individuals who participated in gymnastics (compared to 666 in 2020). Gymnastics concussion epidemiology was also reviewed and there were three reported head injuries and a prevalence rate of .49%. The type of exposures was all person to surface contact and one of the injuries occurred at practice and two at competition.

Committee members also reviewed innovative ways to connect with additional judges in the sport of gymnastics. Some additional ways that already occurred this year was through virtual Officiate Michigan Day where several judges provided interactive webinars on the basics of judging gymnastics as well as preparation and professionalism in gymnastics. Additional points made to connect included providing senior athletes additional information regarding opportunities in judging gymnastics. Currently there are 45 registered gymnastics judges. Additional training opportunities continue to be provided to judges.

Both the PSTI and Tournament Manager's Materials were received by the Committee and special notice was given to the starting time and schedule for the Team Competition on Friday, March 11, 2022. The tournament host has applied for an early release of students on this date. If this occurs, the 2 p.m. start will apply. If not, Friday's Team Competition will begin at 4 p.m. with check-in at 2 p.m. (instead of noon). The Individual Competition has a starting time of 12 noon on Saturday, March 12, 2022, and both Divisions will compete together.

Upcoming dates and times were reviewed with online rules meetings scheduled from October 11 – December 9, 2021. Head varsity coaches and sub-varsity coaches are required to take the online meeting (during the dates indicated) or are not allowed to coach in the MHSAA Girls Gymnastics Tournament. To qualify to officiate in the MHSAA Tournament, judges must take the online meeting (during the dates indicated) and submit a schedule to the MHSAA. A reminder was provided that this year official's must have taken a rules meeting prior to officiating in their first regular-season meeting. The first day of tryouts and practice is Monday, November 1, 2021, with the first allowable competition on Saturday, November 20, 2021. Regional Tournaments are scheduled for Saturday, March 5 at Grand Rapids Kenowa Hills, Grand Ledge, Canton Plymouth and a site to be determined. Finals are scheduled for March 11 and 12 at White Lake Lakeland. Finals will be at White Lake Lakeland High School in both 2022 and 2023.

OUT-OF-SEASON COACHING CLARIFICATIONS/MHSAA REGULATIONS

Committee members reviewed out-of-season and summer coaching controls. Information regarding the four-player period, preseason down time and summer limitations was also reviewed. Specific attention was

focused on the number of coaches who are currently running their own facility or practicing at an outside facility and not in the school in which they coach.

NFHS GIRLS GYMNASTICS RULES BOOK INFORMATION & RULES MEETINGS

A reminder was provided that this is the second year of the 2020-22 Girls Gymnastics Rules Book. The majority of the rule changes reflect the ongoing process of keeping with current trends and terminology and recognizing a variety of elements to better reflect today's high school gymnasts and their performances. Points of emphasis include awarding credit, composition, event requirements on floor and seven ways to break a series.

Composition had also been revised in the Rules Book and is defined as the structure or framework of the exercise. Good composition includes a variety of changes in the direction of movement, tempo and rhythm as well as using all areas of the apparatus or floor. In each event, there are new guidelines to consider when evaluating composition. This Rules Book eliminated redundant language and streamlined the composition category for ease of use.

DIVISION 1 AND DIVISION 2 DECLARATION

Committee members discussed Division 1 and Division 2 declaration. Most of the issues that may have occurred in prior years in which coaches placed competitors in the wrong Division have been resolved. It was further opined that coaches must continue to make conscientious and principled decisions when placing gymnasts in the respective levels of competition.

The current rule for Division 1 and 2 is: A Division I gymnast is one who has ever competed in a non-school competition at the USAG Level 8 or above, USAIGC – Intermediate Optional Level or the USAIGC Open Optional Level, or Y Program at Level 8 or competed in the AAU-Michigan qualifying meet judges at Level 8 or a gymnast who has competed in USAG Option 7 or USAIGC Developmental Optional Level or Level 7 equivalent Y Program since January 1, 2020. All other gymnasts will be considered Division II gymnasts.

TEAM AND INDIVIDUAL QUALIFYING SCORES

The 2016 through 2021 individual and team qualifying scores for regional entry were reviewed. The 2021 regional participation information and scoring distribution for events at each site was received and discussed in order to assist the committee's charge to establish 2021-22 qualifying scores. In addition, all-around scoring at each Regional was perused. There was some concern regarding the large number of gymnasts who qualified in vault, however the committee reviewed the 2021 summary of regional scoring and determined that the 2022 Regional qualifying scores would be the same as in 2021. The team score would also remain the same as it has been for the last seven years. The individual and team scores are as follows:

Vault – 7.9 Bars – 6.7 Beam – 7.4 Floor Exercise – 7.8 Team – 120

Verification of gymnasts' qualifying scores must be signed by the coach and athletic director and the four dates on which the gymnast met or bettered the qualifying score must also be provided for each competitor for each event.

GYMNASTICS FINALS

Committee members verbalized the tasks, equipment and procedures that are necessary to conduct an efficient meet and participated in a draw for order of competition at the 2022 Team Finals. A draw was done to include both a 13 and 12 team rotation and is attached. This draw will also be posted on mhsaa.com.

The host (Todd Miller - White Lake Lakeland) indicated that they were already reviewing and considering the various dynamics of setting equipment as well as use of the space, classrooms needed and considerations for food service. Mr. Miller indicated that volunteers and training staff are already in preparation mode for the 2022 Gymnastics Finals.

RECOMMENDATIONS TO THE REPRESENTATIVE COUNCIL

There were no recommendations to the Representative Council.

2022 MHSAA GYMNASTICS FINALS ROTATION DRAW

TEAM FINALS - FRIDAY, MARCH 11, 2022

WHITE LAKE LAKELAND HIGH SCHOOL

If 13 teams qualify:

ROTATION	WARM-UP	VAULT	BARS	BEAM	FLOOR	COMPETE
1	3:40 p.m.	Reg. 4 - 3rd	Reg. 2 - 1st	Reg. 2 - 2nd	Reg. 1 - 1st	4:00 p.m.
2	4:00 p.m.	Reg. 2 - 3rd	Reg. 1 - 2nd	Reg. 3 - 2nd	Reg. 3 - 1st	4:20 p.m.
3	4:20 p.m.	Reg. 4 - 2nd	Reg. 1 - 3rd	Extra Qualifier	Reg. 4 - 1st	4:40 p.m.
4	4:40 p.m.	Reg. 3 - 3rd	Reg. 4 - 3rd	Reg. 2 - 1st	Reg. 2 - 2nd	5:00 p.m.
5	5:00 p.m.	Reg. 1 - 1st	Reg. 2 - 3rd	Reg. 1 - 2nd	Reg. 3 - 2nd	5:20 p.m.
6	5:20 p.m.	Reg. 3 - 1st	Reg. 4 - 2nd	Reg. 1 - 3rd	Extra Qualifer	5:40 p.m.
7	5:40 p.m.	Reg. 4 - 1st	Reg. 3 - 3rd	Reg. 4 - 3rd	Reg. 2 - 1st	6:00 p.m.
-----BREAK-----						
8	6:40 p.m.	Reg. 2 - 2nd	Reg. 1 - 1st	Reg. 2 - 3rd	Reg. 1 - 2nd	7:00 p.m.
9	7:00 p.m.	Reg. 3 - 2nd	Reg. 3 - 1st	Reg. 4 - 2nd	Reg. 1 - 3rd	7:20 p.m.
10	7:20 p.m.	Extra Qualifier	Reg. 4 - 1st	Reg. 3 - 3rd	Reg. 4 - 3rd	7:40 p.m.
11	7:40 p.m.	Reg. 2 - 1st	Reg. 2 - 2nd	Reg. 1 - 1st	Reg. 2 - 3rd	8:00 p.m.
12	8:00 p.m.	Reg. 1 - 2nd	Reg. 3 - 2nd	Reg. 3 - 1st	Reg. 4 - 2nd	8:20 p.m.
13	8:20 p.m.	Reg. 1 - 3rd	Extra Qualifier	Reg. 4 - 1st	Reg. 3 - 3rd	8:40 p.m.

If 12 teams qualify:

ROTATION	WARM-UP	VAULT	BARS	BEAM	FLOOR	COMPETE
1	3:40 p.m.	Reg. 4 - 3rd	Reg. 2 - 1st	Reg. 2 - 2nd	Reg. 1 - 1st	4:00 p.m.
2	4:00 p.m.	Reg. 2 - 3rd	Reg. 1 - 2nd	Reg. 3 - 2nd	Reg. 3 - 1st	4:20 p.m.
3	4:20 p.m.	Reg. 4 - 2nd	Reg. 1 - 3rd	Reg. 4 - 1st	Reg. 3 - 3rd	4:40 p.m.
4	4:40 p.m.	Reg. 1 - 1st	Reg. 4 - 3rd	Reg. 2 - 1st	Reg. 2 - 2nd	5:00 p.m.
5	5:00 p.m.	Reg. 3 - 1st	Reg. 2 - 3rd	Reg. 1 - 2nd	Reg. 3 - 2nd	5:20 p.m.
6	5:20 p.m.	Reg. 3 - 3rd	Reg. 4 - 2nd	Reg. 1 - 3rd	Reg. 4 - 1st	5:40 p.m.
-----BREAK-----						
7	6:20 p.m.	Reg. 2 - 2nd	Reg. 1 - 1st	Reg. 4 - 3rd	Reg. 2 - 1st	6:40 p.m.
8	6:40 p.m.	Reg. 3 - 2nd	Reg. 3 - 1st	Reg. 2 - 3rd	Reg. 1 - 2nd	7:00 p.m.
9	7:00 p.m.	Reg. 4 - 1st	Reg. 3 - 3rd	Reg. 4 - 2nd	Reg. 1 - 3rd	7:20 p.m.
10	7:20 p.m.	Reg. 2 - 1st	Reg. 2 - 2nd	Reg. 1 - 1st	Reg. 4 - 3rd	7:40 p.m.
11	7:40 p.m.	Reg. 1 - 2nd	Reg. 3 - 2nd	Reg. 3 - 1st	Reg. 2 - 3rd	8:00 p.m.
12	8:00 p.m.	Reg. 1 - 3rd	Reg. 4 - 1st	Reg. 3 - 3rd	Reg. 4 - 2nd	8:20 p.m.